

# Sevier Peer Support Academy

509 High Street, Sevierville TN. 37862

## July 2020

Schedule Subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
For your safety, the center is temporarily operating via telephone and conference call. You can call the center at any time Monday-Friday 9AM-5:30 PM at (865)774-7559 for individual support or instructions on conference call participation.				
		<b>1</b>	<b>2</b>	<b>3</b>
		<b>2 PM: Wacky Wednesday: Jokes and riddles conference group</b>	<b>2 PM: Anxiety and depression support conference group ZOOM</b>	<b>Individual phone support</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>2PM: General support conference group.</b>	<b>2PM: Recovery education: What is anxiety? conference group.</b>	<b>2 PM: Wacky Wednesday Disney and cartoon trivia conference group</b>	<b>2 PM: Anxiety and depression support conference group. ZOOM</b>	<b>Individual phone support</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>2PM: General support conference group. 3PM Discussion "What is autism?"</b>	<b>2PM: Recovery education: What is autism? conference group.</b>	<b>2 PM: Wacky Wednesday Ice breakers conference group</b>	<b>2 PM: Anxiety and depression support conference group. ZOOM</b>	<b>Individual phone support</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>2PM: General support conference group.</b>	<b>2PM: Recovery education: What is depression? conference group.</b>	<b>2 PM: Wacky Wednesday Random facts Conference group</b>	<b>2 PM: Anxiety and depression support conference group. ZOOM</b>	<b>Individual phone support</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
<b>2PM: General support conference group.</b>	<b>2PM: Recovery education: What is Bipolar? conference group.</b>	<b>2 PM: Wacky Wednesday Scavenger hunt conference group</b>	<b>2 PM: Anxiety and depression support conference group. ZOOM</b>	<b>Individual phone support</b>

To access conference call groups:

Please call 865-774-7559 for info on how to call in

Please ensure the privacy of other members when conference calling.

Please refrain from using speaker phone if you live with others.

Conference calls are subject to the same privacy and confidentiality as in person groups.

Please remember to arrange supervision for your children during conference calls.

There is no cost to participate in the Peer Support Academy

### How do I Participate?

- Be 18 years of age or older.
- Be in recovery from a mental health diagnosis or substance abuse.
- Agree to abide by guidelines and confidentiality agreements.
- Call the center to reserve your spot for each day you wish to attend.
- You must speak with a program counselor and complete registration form to be a member

### Things to Remember

- ★ Schedule is subject to change.
- ★ All participation is voluntary.

Contact the Peer Support Academy staff if you are interested in joining our exciting group!

865-774-7559



NO-COST SERVICES made available through a grant from the

